

December 2011

# Calendar of Events



**December 6 - Lights of Life**

5:30 p.m. OMC Main Lobby  
The OMC Foundation Lights of Life campaign gives area residents an opportunity to place light on OMC's Christmas tree in honor or in memory of their loved ones. The tree lighting is open the community. For more information or to request a donation form, call the OMC Foundation 417-257-5700.

**December 6 - Prenatal Class**

6 p.m. Parkway Classroom  
OMC will hold a class for new parents on breastfeeding. The class will be held at OMC Parkway Classroom and are free of charge to those delivering at OMC. A one time fee of \$75 to attend class applies to those delivering elsewhere. For more information or to register call the OMC OB Department at 417-256-9111 ext. 6440.

**December 10 - West Plains Christmas Parade**

1 p.m. along Porter Wagoner Blvd.  
Ozarks Medical Center will participate this year in annual West Plains annual Christmas Parade. The parade will start on Porter Wagoner Blvd from Missouri Avenue to Arkansas St.. The parade theme is "Christmas, a Time for...". For more information, you may contact OMC Human Resources at 417-257-6730.

**December 13 - Arthritis Support Group**

2 p.m. at the Shaw Building, 1111 Kentucky  
This group meets the second Tuesday of each month. For more information, contact OMC Rehabilitation Services at 417-257-5959.

**December 19 - Living with Diabetes**

8 a.m. to 5 p.m. at the Parkway Classroom.  
Informational class to assist those with diabetes. There is a cost associated with this class. For more information about enrolling in the class, talk to your doctor.

**December 20 - Community CPR Class**

6 p.m. at the OMC Parkway Classroom  
To register or for more information, call the OB Department at 417-256-9111 ext. 6440.

**December 21 - Multiple Sclerosis Support Group**

4:30 p.m. at the Shaw Medical Building, 1111 Kentucky  
This group meets the third Wednesday of each month. For more information, call Dianna Sigert at 417-256-9111.

**December 25 - Christmas Day**

**December 27 - Alzheimer's Support Group**

6:30 p.m. at Riverways Adult Daycare, 416 E Main  
This group meets the fourth Tuesday of each month. For more information, call 417-255-2965.

**December 31 - New Year's Eve**

*Happy Holiday's*

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