OMC Hires System Director, Population Health Management and Outpatient Facilities Management

Please join me in welcoming Stanley Pierre, MPA to Ozarks Medical Center as System Director, Population Health Management & Outpatient Facilities Management. Mr. Pierre is a highly experienced health care leader with a very unique skill set that includes public health management, quality management, risk management, accreditation, regulatory compliance, and hospital operations. He is a physician by training and earned a Doctor of Medicine degree from Haiti (Faculte de medecine de Pharmacie et de Technologie Medicale-Port-au-Prince).

Mr. Pierre most recently served as Director of Performance Improvement at United Medical Center in Washington, DC where he played a significant role helping the organization to achieve its strategic goals. Prior to joining United Medical Center, Mr. Pierre served as Associate Director of Regulatory Affairs & Quality Assurance at Queens Hospital within the New York Health and Hospital System. In both roles, he led hospital staff with operational improvement initiatives and ongoing survey readiness activities (clinical, non-clinical environment of care, life safety, etc.).

Whatever is beautiful. Whatever is meaningful. Whatever brings you happiness. May it be yours this holiday season and throughout the coming years.

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Thursday we began delivering T-shirts and cupcakes to all staff in Celebration of Safe Care at OMC.

Some departments received theirs Thursday and some will receive Friday.

• You may wear your new t-shirts to work through Monday November 28.

• Wear the usual pants or scrubs you wear to work with your T-shirt.

Congratulations everyone for your part in keeping OMC safe for patients and coworkers!
Dr. Alex Makarian was named a “Top Doc” winner for Hospitalist in 417 Magazine’s Annual Top Doctors survey. Dr. Makarian is a staff hospitalist at Ozarks Medical Center. Pictured with Makarian left to right are Denisea Gilliam, Director of Emergency Services and Hospitalist Program; Makarian; and Angela Wright, Hospitalist Clinical Coordinator. Congratulations Dr. Makarian!

OMC Celebrates Radiologic Technology Week
Ozarks Medical Center (OMC) celebrated Radiologic Technology Week November 6-12 to recognize more than 50 Radiologic Technologists on staff. Radiologic Technologists (RT) provide patients with safe medical imaging examinations and radiation therapy treatments. Medical imaging and radiation therapy (RTT) professionals work with some of the most innovative equipment in the medical field to help identify pathologies, plan and administer treatment and restore patient health. RTTs specialize in breast imaging, computed tomography, cardiac-interventional procedures, magnetic resonance imaging, nuclear medicine, ultrasound, radiation therapy and general diagnostic radiology.

OMC Radiologic Technologists that work as Cath Lab Techs assist doctors during invasive cardiovascular procedures such as cardiac and peripheral catheterizations, angioplasty, stenting, and pacemaker implants. RTs in OMC Cancer Treatment Center provide professional radiation treatments to cancer patients. RTs also work in OMC Orthopedics Clinic to provide diagnostic x-rays for bones and joints.

“OMC has a great team of Radiologic Technologists that serve our community,” said Tom Keller, President and CEO of OMC. “We especially salute their contribution to the medical field during Radiologic Technology Week.”

Volunteer for Bell Ringing
It’s Bell Ringing Time! OMC has volunteered to ring the bell for the Salvation Army on Saturday, December 17 at Wal-Mart. We will have an OMC representative at both Wal-Mart entrances from 10 a.m. to 8 p.m. Shifts are 1 hour. You are welcome to bring family members to help you!

Please email melissa.smith@ozarksmedicalcenter.com to reserve your time!

Mark your calendar for the Annual Holiday Party on December 8...more details soon.

Go ahead and peek...everyone will receive an unrestricted gift card this year!

The splendor of your world, Creator, attested by our eyes, none-theless remains unbelievable. The grandeur of this fall reaches beyond what our minds can comprehend. Let our memories preserve the beauties of this moment of time. We are grateful, O God, that you give this wonderful time of the year to enjoy.

Amen.

Weekly Prayer brought to you by the OMC Chaplains
Meet the latest new hires to come through Orientation:

Front Row: Susanne Dalton, Med/Surg; Deborah Stratton, Neurosurgery; Makayla Geer, Med/Surg; Georgia Mulvey, 2 South; Regina Eades, Foundation; Stephanie Reynolds, Mammoth Spring Clinic; and Stanley Pierre, Quality.

Back Row: Autumn Kuyper, BHC; Kaela Smith, OMC Home Care; Amanda Zaremba, OMC Home Care; Savanna Plante, 2 South; Cathy Busbey, OMC Home Care; Ruena Kinsaul, OMC Home Care; Kathy Lawson, BHC; Rosalinda Stevenson, EVS; Bridgett Points, Respiratory; Dave Wallace, EVS; and Mariah Reed, EVS.

OMC on YouTube
Stay informed and up-to-date by following OMC’s new YouTube Channel! Here’s the link: https://www.youtube.com/channel/UC-qQ0BbPQPb8pcVCLaqldHA?-disable_polymer=true.

Be sure to subscribe so you can be notified when new videos are posted!

Videos are shared on OMC’s Facebook page, too. If you haven’t already “liked” Ozarks Medical Center on Facebook, be sure to do so!

Dear Colleagues:
We wanted to take a minute and wish you and your family the best of the Holiday Season as they are closing in on us for this 2016 calendar year’s end.

Happy Thanksgiving, Merry Christmas and Happy New Year!

Holly Isom- Director of OMC Home Care • Joseph Kinnick, Manager Post- Acute Services
Jessica Andrews- Nursing Manager • Karen Riley- Manager of Support Services
Sherri Hutsler - Hospice Manager
and Happy Holidays from all of the Home Care Team at OMC-Riverways
You Rock!

These individuals’ You Rock cards were shared with Public Relations:

GI Lab & OPS
“GI Lab & OPS ~ everyone works hard and they are all awesome! Thank you! You all rock!”

Michelle McAfee ~ GI Lab
“Today a patient’s wife came to the GI Lab to thank Michelle for recognizing that her husband wasn’t doing well after a blood transfusion. Michelle sent him to the ED. Patient’ was eventually taken to ICU. Patient’s wife was very thankful for Michelle keeping a close eye on her husband’s condition and for taking the appropriate actions. Michelle’s excellent nursing skills and knowledge are awesome for our department and hospital!”

Michelle McAfee ~ GI Lab
“Michelle went above and beyond to be courteous and helpful, took care of my needs, and made me very informed and comfortable. Also, IV start up ~ very gentle.”

Amy Williams ~ GI Lab
“Amy went way above and beyond to be courteous and helpful, took care of my needs and made me very informed and comfortable.”

Thank You Received
Dear Angie Chronister & Gay Stover,
Just a note to extend our sincere appreciation for the fans, pencils, and post-it notes you provided for our Back-to-School bags. We appreciate you and thank you for all the support you give the Chamber.

Karen Rippee
Mountain Grove Chamber of Commerce

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Mr. Pierre holds several certifications including Lean Green Belt and Team STEPPS (Master trainer) and is highly proficient in statistical analysis and epidemiology. His health care experience and exposure within the United States and beyond its borders (Haiti and the Netherlands) will serve as tremendous assets within his new role as we work to integrate each component of the care continuum within Ozarks Medical Center and address population health management.

I am excited Mr. Pierre has joined the OMC family. His office is located in Parkway in the Public Relations Department and his telephone extension is 5209. Again, please join me in welcoming Mr. Pierre.

Thank you.

Pamela Lee, RN, MS, MBA
Chief Operating Officer

Weekly Senior Leadership Report
Staff were updated at Forums this week. Look for the Weekly Senior Leadership Report to return next week in OMCNews.
Quality

Update Regarding Outbreak of Mumps in Northwest Arkansas

Summary: As of Tuesday, November 15, we are aware of 1,270 cases — 727 laboratory confirmed via PCR and 543 epidemiologically-linked or clinically-diagnosed cases. Transmission has spread to 53 schools in five different school districts, two vocational schools, four private schools, 46 businesses or workplaces and 60 churches.

Situation: The Arkansas Department of Health has been investigating an outbreak of mumps centered in Northwest Arkansas (NWA) as well as a few cases that have occurred in Pulaski and Faulkner counties.

Routine Vaccination Recommendations:

- For children younger than 6 years of age, one dose of MMR vaccine at age 12-15 months, followed by a second dose of either MMR or MMRV (Measles, Mumps, Rubella, and Varicella) vaccine at age 4-6 years.
- For children age 7 through 18 years not previously vaccinated, one dose of MMR or MMRV vaccine, followed by a second dose of either MMR or MMRV vaccine at least 4 weeks after the first dose.
- For adults born in 1957 or later and not previously vaccinated, one dose of MMR vaccine. Adults born before 1957 are generally considered to be immune to mumps and do not need to receive the MMR vaccine.
- A second dose of MMR vaccine is recommended for adults, who are students in a post-secondary educational institution, work in a health care facility, or plan to travel internationally. The second dose should be administered a minimum of 28 days after the first dose.

Guidance for Health Care Providers:

- Ensure all staff are up-to-date according to the routine vaccination schedule.
- If mumps activity has occurred in your area, any patient appearing with an upper respiratory infection or parotitis should be masked upon entering the facility.
- If there has been a mumps exposure in your facility, consider a booster dose for all staff in the involved work area.
- Consider masking or excluding health care providers on the 12th through the 26th day post-exposure.

To assist in responding to this outbreak, we ask that you take these steps:

- Test any person with parotitis or anyone with clinical features compatible with mumps that has been in contact with an infected person. To test: collect a buccal or oral swab specimen from patients within the first 7 days of illness onset to confirm a mumps infection through PCR. After 7 days, an IgM test is recommended.
- Ensure your clinic has posted a list of reportable diseases. An up-to-date list is available online at http://www.healthy.arkansas.gov/programsServices/epidemiology/Documents/ReportableDisease.pdf.
- Ensure your clinic has the Communicable Disease Reporting Form available to staff responsible for submitting reports. An up-to-date form is available at http://www.healthy.arkansas.gov/programsServices/epidemiology/Documents/CommunicableDiseaseReportingForm.pdf. ADH needs you to complete this form with as much information as you can provide, especially the contact information for the patient. Fax the completed form to (501)661-2428.
- Ensure your clinic is signed up for the Health Alert Network (HAN) communications. ADH uses this network to send urgent notices to health care providers. http://www.healthy.arkansas.gov/programsServices/preparedness/Pages/HAN.aspx.
- Ensure your clinic has a copy of the ‘Red Book’ for guidance on infectious diseases available as a reference to clinic staff. Information about this book can be found at http://redbook.solutions.aap.org/redbook.aspx.
- If you have any questions about testing, reporting, etc. please contact the ADH Outbreak Response Section at (501) 537-8969 during business hours Monday- Friday 8:00-4:30. After hours, please call the ADH Emergency Operations Center at 1-800-554-5738 and they will contact the on-call ADH physician or nurse, who will call you back.
Corporate Compliance Word Scramble 2016

Return the Word Scramble to Jo Wagner by November 25 to be entered into a drawing!

TCCOINFL FO TISNETRE

Clue: Situation that comprises or appears to compromise delivery of care

HTLNEIO MBEUN

Clue: Extension 5885

PRATERCOR ECOCMNAPI

Clue: Formal program specifying organizations’ policies, procedures and actions to help prevent and detect violations of laws and regulations.

ECDO FO TCCOUND

Clue: Also known as code of ethics

OJ GWREAN

Clue: OMC Corporate Compliance Officer

DFRUA NAD SEAUB

Clue: Wrongful or criminal deception intended to result in financial or personal gain

AWL KSTAR

Clue: Prohibits physician self-referral

THEAHL IENCNSARU YPTORAILIB NAD AYTCCIUL-NITABO CAT

Clue: HIPAA

VERNE

Clue: When is it OK to look at a patient’s information whose care you are not directly involved in?

EFSAL SCLMAI TCA

Clue: Law that makes it a crime to knowingly make a false record or file a false claim which is funded directly or in part by the U.S. Government

Two Important Surveys to Complete

Corporate Compliance Survey

You should have received a Corporate Compliance Survey email from Survey Monkey on November 1.

• It should take you less than 5 minutes to complete
• It is very important that you complete this survey completely and honestly.
• I will be following up with all responses that indicate there may be any concerns by the end of 2016.
• The survey will be closed on 11/30 so please complete the survey prior to that date.
• Your input is valued and I want to hear from each and every one of you.
• This survey only occurs once a year, so remember, if you have any concerns any time throughout the year, contact me at ext 5885.
• For those of you who have staff that do not have e-mail, please print out and have your staff complete on hard copy and send via in house mail back to me.

Thank you,
Jo Wagner, RN, BSN, ACM
Documentation Integrity Director
Ext. 5931

Patient Safety Survey

It is time for our annual patient safety culture survey! The survey is live. We want to hear what is important and how we are doing from each of YOU! We have something NEW for the clinics this year! This year, the clinics will be able to take the medical office patient safety culture survey. This survey is tailored to the workflow and processes in the clinics. The links are available on the portal under the patient safety page.

Please complete the survey on the portal TODAY!

Thank you,
Mary Fine, RNBC, CPPS
Director of Quality
Ext. 6155
Community

Area Banks Support Trunk or Treat
Landmark Bank, Arvest Bank, and Great Southern Bank were sponsors for the Annual South Central Missouri Trunk or Treat which was held Oct. 26 at the West Plains Civic Center. The event gave area children the opportunity to trick or treat in a safe environment as area businesses and organizations sponsor trunks and distribute candy. Admission was one canned food item per person. Proceeds and canned food collected at the event benefit Ozarks Medical Center Hospice and the Elks Lodge 2418 for their Christmas for Kids program.

Open Enrollment Information Session
OMC is changing insurance carriers. If you are currently enrolled in our insurance plan you will have to fill out a new enrollment form and turn it in to HR by the 30th of November.

You will not be required to show proof of dependent status.

If you missed the information sessions this week, there are two more scheduled for Friday, November 18th:
- Willard Hunter- 7:00am - 8:00 am
- Willard Hunter- 9:00am - 10:00 am
- Willard Hunter- 10:30am - 11:30am
- Willard Hunter- 1:00pm - 2:00 pm
- Willard Hunter- 3:00pm - 4:00 pm
- Joplin Conference Room- 9:00 am - 4:30 pm – Aflac, Air-Evac, and Valic

Thank you,
Felicia Armades, HR Generalist, (417) 257-5843
On November 3, OMC officially launched the Nurse Residency Program with an Open House for area RN nursing students. This event was held in the Willard Hunter Classroom at Parkway ~ WOW what a success! We had 18 attendees, 12 booths, and 26 OMC Nurses participate. I was in awe at the creativity, thoughtfulness and time put into each booth. We had an abundance of food and door prizes. A special thank you to: Great Scrubs and More, Uptown Boutique, Bootleggers BBQ, Colton’s, Savor Grill, Cleea’s At Home Market, Maurices, Rustic Rose, OMC Human Resources and the OMC PR Department for their generous donations of door prizes.

We had a contest for the “Best Booth” which was voted by the attendees. The booths included: Nurse Residency Program, Medical Surgical Unit, GI Lab, Intensive Care Unit/Cardiac Step Down, Neuro Psych Unit, Obstetrical Unit, Emergency Department, Sugery, Cath Lab, DAISY, Home Care and Documentation. It was a tight contest with Med Surg winning by one vote.

Nurses at each booth took time to talk to the potential Nurse Residents about how great it is to be a nurse and work at OMC. Flash drives with information and instructions on how to apply to the Nurse Residency Program were given out. I was able to personally speak to each potential Nurse Resident that walked in the door about our program.

I cannot express my gratitude with words. Each person who helped went above and beyond from start to finish. I am so thankful to be part of the OMC family…..I am one proud OMC nurse.

Kimberly Shaw, RN, MSN, CCRN
Clinical Educator
VETERANS DAY Parade

Ozarks Medical Center Salutes our Veterans
10 Tips to making the holidays a little less fattening

1. Never go to a social event hungry! Have a healthy snack and plenty of water before you leave the house.
2. Drink your water. Recent studies found that when people drink more water throughout the day, they end up eating fewer total calories.
3. Track your food. That means all of it, from the spoonful of cookie batter you eat while baking, to the free samples at the grocery store. Write it down! Also, look up calories ahead of time.
4. Bring your own food. This is a great tip if you’re heading to a party and don’t know what’s in the food (or how it was prepared).
5. Add 10 extra minutes of cardio to your days. Some experts say that adding just 10 minutes of vigorous exercise to your usual workout routine can counter the effects of a little extra holiday eating. Maintain your active lifestyle. Remember that “running” errands isn’t the same as running—or exercising.
6. It is ok to cheat- a little! If you know there is one food that you just can’t live without during the holidays, eat it! Just be mindful of your portion size. Allow yourself to have a few bites and then step away from the temptation…..
7. Practice self-forgiveness! If you overindulge, acknowledge that you overdid it and move on. Do not turn a mistake that may have only been a few hundred calories into one that costs you few thousand!
8. Get plenty of rest! This will prevent the “Holiday Frazzle” and keep you from spinning out of control physically and emotionally.
9. PLAN! PLAN! PLAN! Plan everything on your schedule! Take advantage of any time you have to meal prep, gather ingredients, plan holiday meals, and build in exercise time.
10. YOU WILL NEED DOWN TIME! Take a few minutes each day to meditate on the reason for the season and what that means to you. Finding time to center yourself will make the holidays much less overwhelming!

In case you missed it, the Great American Smokeout was Thursday, November 19. If you need help quitting, visit cancer.org/smokeout or plan to participate in the next Smoking Cessation Class offered by OMC. Just a reminder, OMC is a smoke-free campus.
OMC Cafeteria Hours

Monday-Friday
Breakfast: 7:00 a.m. - 9:00 a.m.
Lunch: 11:00 a.m. - 1:00 p.m.
Snack Bar: 1:30 p.m. - 4:00 p.m.
Dinner: 4:00 p.m. - 8:00 p.m.

Holidays & Weekends
Breakfast: 7:00 a.m. - 9:00 a.m.
Lunch: 11:00 a.m. - 1:00 p.m.
Employees receive a 20% discount on most items in the cafeteria.
(Menu subject to change without notice.)

What’s happening at OMC

November 30 - Line of Love • 5:30 p.m. at the First Presbyterian Church, Aid Avenue, West Plains
Church of Jesus Christ of Latter Day Saints prepare wrapped boxes with gifts of food and quilts for patients of OMC Hospice. A line forms from First Presbyterian Church on Aid Avenue and volunteers will pass the holiday boxes to the OMC Hospice office on West Main Street, where they will be distributed to patients by hospice representatives. For more information, contact OMC Hospice at 417-256-3133.

December 6 - Lights of Life • 5:30 p.m. in the OMC Main Lobby
The OMC Foundation will celebrate the 27th annual lighting of the “Lights of Life” Christmas tree. The event is open to the public and will include holiday music. Individuals may sponsor a light on the tree for $10 or an ornament for $25 in honor, in recognition or in memory of someone. For more information, contact the OMC Foundation at 417-853-5200.

December 6 - Preparing for Breastfeeding Class • 6:00 p.m., OMC
Provides the expectant mother with important information she will need to breastfeed her new baby. Call 417-256-9111, extension 6440 to register or for more information.

December 14 - Health Screening • 8-11:30 a.m., at the Winona Medical Clinic, 1008 N. Hwy 19, Winona
OMC Laboratory Services will conduct low-cost lab health screenings. No appointment necessary. For more information, call 573-325-4237.

December 29 - Blood Drive • Noon-6 p.m. at Willard Hunter Classroom, OMC Parkway Center, West Plains
Walk-in or make an appointment using the American Red Cross’ online registration at redcrossblood.org/donating-blood.

January 3 - Heart Saver Infant CPR Class • 6-8 p.m., OMC
Covers basic resuscitation skills on an infant. Recommended for the third trimester of pregnancy or after infant birth up to one year. Call 417-256-9111, extension 6440 to register or for more information.

January 10 - New Parent Skills Class • 6:00 p.m., OMC
Covers self-care, baby care, infant bathing, safety, immunizations and circumcision. Recommended for the third trimester of pregnancy. Call 417-256-9111, extension 6440 to register or for more information.

Click here for free weekly fitness opportunities & gym discounts

Click here for the complete meetings calendar and calendar of events