

# TRANSRADIAL

## OMC PHYSICIANS USE NEW APPROACH TO UNCLOG ARTERIES

Patients undergoing one of cardiology's most common procedures, cardiac catheterization, are typically required to lie nearly perfectly still on their backs for about four hours to reduce the chance of a serious bleeding complication. With a new approach that proponents say is much more comfortable and safer for patients, Ozarks Medical Center cardiologists are increasingly initiating catheterization in the wrist, known as transradial catheterization.



**Dr. Alan Troy**  
Interventional Cardiologist  
OMC Heart Care Services

Pioneered at OMC by Dr. Alan Troy, now both OMC's Interventional Cardiologists perform the transradial procedure. Dr. Alan Troy came to OMC in 2010 with more than 30 years experience in cardiac care. Dr. Kevin Crowe came to OMC in 2009 and has more than 20 years experience in cardiac care.



**Dr. Kevin Crowe**  
Interventional Cardiologist  
OMC Heart Care Services

## In the news. . .

*Following are excerpts about the transradial procedure from an article in the Wall Street Journal on Feb. 8, 2011*

- ◆ The radial technique is associated with fewer bleeding complications and better long-term results for patients in a growing number of studies.
- ◆ A recent study found that about 1.8% of patients who had the conventional technique experienced a bleeding complication compared with 0.8% of those who had the radial procedure. That's a relative reduction in bleeding risk of 58%.
- ◆ For patients, the difference between the techniques "is night and day."
- ◆ "From the radial access, bleeding is almost nonexistent, says Ramon Quesada, medical director of interventional cardiology at the Baptist Cardiac and Vascular Institute in Miami who has performed about 5,000 catheterizations via the radial artery.

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